



PE Curriculum Map

<p>EYFS</p>	<p>By the end of the Early Years children will have:</p> <ul style="list-style-type: none"> • Seen dancers and musicians from theatre groups and experienced live performances. • Enjoyed space and time for movement and dance both indoors and outdoors. • Participated in movement sessions based on children’s current interests such as space travel, zoo animals or shadows. • Joined in with dancing and ring games. • Begun to move rhythmically. • Imitated movement in response to music. • Used movement to express feelings and initiated new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences. • Run safely on whole foot. • Squatted with steadiness to rest or play with an object on the ground, and risen to their feet without using hands. • Climbed confidently beginning to pull themselves up on climbing equipment. • Kicked a large ball. • Undertaken activities such as stretching, reaching, curling, twisting and turning • Practised movement skills through games with beanbags, cones, balls and hoops. • Practised moving in different ways and at different speeds, balancing, target throwing, rolling, kicking and catching • Shared equipment so that waiting to take turns does not spoil enjoyment. • Walked downstairs, two feet to each step while carrying a small object. • Run skilfully and negotiated space successfully, adjusting speed or direction to avoid obstacles. • Stood momentarily on one foot when shown. • Caught a large ball • Experimented with different ways of moving. • Jumped off an object and landed appropriately. • Demonstrated increasing control over an object in pushing, patting, throwing or catching. • Observed the effects of activity on their bodies. 					
	<p>Autumn 1</p>	<p>Autumn 2</p>	<p>Spring 1</p>	<p>Spring 2</p>	<p>Summer 1</p>	<p>Summer 2</p>
<p>Year 1</p>	<p><u>Games: Unit 1</u> 1 Unit LCP (1st 6 lessons) or <u>Year 1 Multi skills</u></p>	<p><u>Games: Unit 1</u> 1 Unit LCP (2nd 6 lessons) or <u>Year 1 Multi skills</u></p>	<p><u>Games: Unit 1</u> Val Sabin Unit or <u>Year 1 Multi skills</u></p>	<p><u>Games: Unit 2</u> 1 Unit Val Sabin Net/Wall games or <u>Throwing and</u></p>	<p><u>Athletics</u> Year 1 Unit 1 Val Sabin</p>	<p><u>Multi-skills – Striking and fielding</u> KS1 Unit 2 of Mr Giles’ plan</p>



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	<p><u>A1 'Introduction to skills' Giles' planning 1-6</u></p> <p><u>Gym: Unit 1 LCP (1st 6 lessons) or 1 Val Sabin Unit</u> or <u>Gym: Introduction to Gymnastics Giles' Planning</u></p>	<p><u>A2 'Game skills' Giles' planning 1-6</u></p> <p><u>Gym: Unit 1 LCP, Val Sabin Unit</u> or <u>Gym: Introduction to Gymnastics Giles' Planning</u></p>	<p><u>(Hockey based) Invasion games (PE Planner)</u></p> <p><u>Dance: Unit 1 - 4 Unit LCP or Val Sabin)</u></p>	<p><u>catching focus Giles' Planning</u></p> <p><u>Gym: Unit 1 LCP (2nd 6 lessons) or 1 Val Sabin Unit</u></p>	<p><u>Dance: Unit Unit (LCP or Val Sabin)</u> Recap/progression</p>	<p><u>OAA</u> Year 1 planning</p>
<p>Year 2</p>	<p><u>Games: Unit 2 1 Unit LCP (1st 6 lessons)</u> or <u>Year 2 Multi skills A1 'Re-introduction to skills' lessons 1-6 Giles' planning</u></p> <p><u>Gym: Unit 2 LCP (1st 6 lessons) or 1 Unit Val Sabin</u> or <u>Gym: Introduction to Gymnastics Giles' Planning</u></p>	<p><u>Games: Unit 2 1 Unit LCP (2nd 6 lessons)</u> or <u>Year 2 Multi skills A1 Selecting and applying skills lessons 1-6 Giles' planning</u></p> <p><u>Gym: Unit 2 LCP (2nd 6 lessons) or 1 Val Sabin Unit</u> or <u>Gym: Introduction to Gymnastics Giles' Planning</u></p>	<p><u>Games: Unit 2 1 Unit Val Sabin</u> or <u>Year 2 Multi skills (Football based) Invasion Games (PE Planner)</u></p> <p><u>Dance: Unit 2 1 Unit (LCP or Val Sabin)</u></p>	<p><u>Games: Unit 2 1 Unit Val Sabin Net/Wall games</u> or <u>Throwing and catching focus Giles' Planning</u></p> <p><u>Gym: Unit 2 LCP (2nd 6 lessons) or 1 Val Sabin Unit</u></p>	<p><u>Athletics: Unit 1 (Intro) LCP/Unit 2 Val Sabin</u> or <u>Athletics: Unit 1 Mr Goodwins planning</u></p> <p><u>Dance: Unit 2 - LCP or Val Sabin Recap/apparatus progression</u></p>	<p><u>Multi-skills – Striking and fielding</u> KS1 Unit 2 of Mr Giles' plan</p> <p><u>OAA</u> Year 2 planning or Rounders</p>



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<p>Year 3</p>	<p><u>Games: Net/Wall – Unit 1</u> 1 Unit LCP/Val Sabin or <u>Racket Skills: Giles' Planning</u></p> <p><u>Gym: Unit 3</u> LCP or Val Sabin 1 Unit or <u>Gym: Re-Introduction to Gymnastics</u> Giles' Planning</p>	<p><u>Games: Invasion – 1 Unit - Val Sabin/ LCP</u> or <u>Games: Introduction to invasion games: Catchball – Giles' Planning</u></p> <p><u>Gym: Unit 3</u> LCP, Val Sabin Unit or <u>Gym: Re-Introduction to Gymnastics</u> Giles' Planning</p>	<p><u>Games: Invasion – 1 Unit</u> Val Sabin/LCP or <u>Games: Invasion – Hockey from hockey resource pack</u></p> <p><u>Dance: Unit 3</u> Unit (LCP or Val Sabin)</p>	<p><u>Games: Val Sabin</u> or Giles' planning <u>Games: Fitness/Cross Country Planning</u> Giles' Planning</p> <p><u>Gym: Unit 3</u> LCP or Val Sabin 1 Unit</p>	<p><u>Swimming – Unit 1</u> LCP 1 & 2 - covered by Swan Pool staff</p> <p><u>Athletics: Unit 1</u> LCP or 1 Unit Val Sabin</p> <p><u>Dance: Unit 3</u> Unit (LCP or Val Sabin)</p>	<p><u>Games: Striking and Fielding – Unit 1</u> LCP p.113 – 127</p> <p><u>OAA: Unit 1</u> LCP or Rounders</p>
<p>Year 4</p>	<p><u>Games: Net/Wall – Unit 1</u> Val Sabin Unit or <u>Games: Net/Wall – Tennis</u> Giles' planning</p> <p><u>Gym: Unit 4</u> LCP or Val Sabin 1 Unit or <u>Gym: Introduction to Gymnastics</u></p>	<p><u>Games: Invasion – Unit 2</u> Val Sabin Unit or <u>Games: Invasion – Football – Giles' Planning</u></p> <p><u>Gym: Unit 4</u> LCP or Val Sabin 1 Unit or <u>Gym: Introduction to Gymnastics</u> Giles' Planning</p>	<p><u>Games: Invasion – Problem solving Unit 2</u> Val Sabin or <u>Games: Invasion Hockey – planning from hockey resource pack</u></p> <p><u>Dance: Unit 4</u> Unit (LCP or Val Sabin)</p>	<p><u>Games: Invasion – Unit 2</u> LCP (Netball) or Giles' planning <u>Games: Fitness/Cross Country Planning</u> Giles' Planning</p> <p><u>Gym: Unit 4</u> LCP or Val Sabin 1 Unit</p>	<p><u>Athletics: Unit 2</u> LCP or 1 Unit Val Sabin or <u>Athletics: BMA planning</u></p> <p><u>Dance: Unit 4</u> Unit (LCP or Val Sabin)</p>	<p><u>Games: Striking and Fielding – Unit 1</u> Val Sabin Unit</p> <p><u>OAA: Unit 2</u> LCP Or Rounders</p>



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	Giles' Planning					
Year 5	<p><u>Games: Net/Wall – Unit 2</u> LCP or Val Sabin 1 Unit or <u>Games: Net/Wall – Tennis</u> Giles' planning</p> <p><u>Gym: Unit 5</u> LCP/Val Sabin 1 Unit</p>	<p><u>Games: Invasion – Unit 3</u> LCP (Football) or <u>Games: Basketball</u> Giles' planning</p> <p><u>Gym: Unit 5</u> LCP/Val Sabin 1 Unit</p>	<p><u>Games: Invasion – Unit 3</u> Val Sabin 1 Unit or or <u>Games: Invasion Hockey – planning from hockey resource pack</u></p> <p><u>Dance: Unit 5</u> 1 Unit (LCP or Val Sabin)</p>	<p><u>Games: Invasion – Unit 3</u> LCP (Netball) or Giles' planning <u>Games: Fitness/Cross Country Planning</u> Giles' Planning</p> <p><u>Gym: Unit 5</u> Val Sabin 1 Unit</p>	<p><u>Athletics: Unit 3</u> LCP or 1 Unit Val Sabin</p> <p><u>Swimming – Unit 2</u> LCP or Val Sabin – covered by Swan Pool staff</p> <p><u>Dance: Unit 5</u> 1 Unit (LCP or Val Sabin)</p>	<p><u>Games: Striking and Fielding – Unit 2</u> LCP (rounders) or LCP (Cricket)</p> <p><u>OAA: Unit 3</u> OAA: LCP or Rounders</p>
Year 6	<p><u>Games: Net/Wall – Unit 2</u> LCP or Val Sabin 1 Unit</p> <p><u>Gym: Unit 6</u> LCP/Val Sabin 1 Unit</p>	<p><u>Games: Invasion – Unit 3</u> LCP (Football)</p> <p><u>Gym: Unit 6</u> LCP/Val Sabin 1 Unit</p>	<p><u>Games: Striking and fielding – Unit 4</u> (Cricket/Rounders) X1 group</p> <p><u>Dance: Unit 6</u> e.g. Val Sabin World of Sport – The Haka etc</p>	<p><u>Games: Cross Country – Unit 4</u> Cross Country/Athletics focus X1 group</p> <p><u>Gym: Unit 6</u> Val Sabin 1 Unit</p>	<p><u>Sports Festivals Preparation – 8</u> separate sports In sport specific squads</p> <p><u>Dance: Unit</u> Val Sabin/LCP</p>	<p><u>Sports Festivals Preparation – 8</u> separate sports In sport specific squads</p> <p><u>Games: Striking and Fielding – Unit 2</u> Val Sabin</p>